



Lincoln Academy 5K/1mile Fun Run

Date: Saturday, April 24, 2010
Race Day Check-In: 7:00 am at Lincoln Academy 1582 W 3300 N, Pleasant Grove (North East of the Mount Timpanogos Temple) Race starts at 8:00 am
Course: A course map is available on our website lincoln-academy.org
Entry Fee: \$10 thru March 1, \$15 thru April 10, \$25 thru April 23
 You must register by April 10 to receive a T-shirt
****Lincoln Academy patrons can register for \$10 through April 15****

Registration Information:

**one form per person please

Name _____

Age (on race day) _____ Male Female (please circle)

Phone Number and/or Email _____

Shirt Size (circle one): YS YM YL YXL
S M L XL XXL

Intended Distance (circle one) 1 mile 5K

Make checks payable to: Lincoln Academy

Waiver and Release Statement (all participants please sign)

I have read the accompanying event information and understand the policies of the event. I know that running and walking at rail race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and waive, release, and discharge Lincoln Academy, all sponsors, race officials, workers, or volunteers, their representatives, successors or assigns for any and all claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event.

Signature: _____ Date: _____
(if under 18, guardian must sign also)

Please return this registration form along with payment to:

Lincoln Academy
1582 West 3300 North
Pleasant Grove UT 84062

****Additional info on our website!**

Online registration at lincoln-academy.org.

Please specify name, age, and shirt size in the notes section. Bring a printed copy of your online payment to the race.

Online payments must be completed by April 21.